

Flowkey - Introduction To The Piano - Practice Guide  
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	<b>Course 1: First Steps</b>	Jingle Bells Part 1 (exercise)	Notation of Middle C (video)
	Orientation At the Piano	Jingle Bells Part 2 (exercise)	Count Up To The Note (video)
	Sitting Position and Posture (video)	Jingle Bells Part 3 (exercise)	Folk Rock Song Part 1 (exercise)
	Hand Position (video)	Jingle Bells Part 4 (exercise)	Folk Rock Song Part 2 (exercise)
	Pattern Of the Black Keys (video)	Jingle Bells Part All Parts (exercise)	Folk Rock Song Part 3 (exercise)
	Middle C (video)	Rock Ballad Part 1 (exercise)	Folk Rock Song All Parts (exercise)
	<b>The C Position</b>	Rock Ballad Part 2 (exercise)	The G-Curl (video)
	The C Position (video)	Rock Ballad Part 3 (exercise)	From G To The Next C (video)
	Practice The C Position (exercise)	Rock Ballad All Parts (exercise)	Mary Had A Little Lamb G, A, B (exercise)
	<b>Beethoven's Ode To Joy</b>	<b>Course 3: Playing Along With The Left Hand</b>	From C To The Next F (video)
	Ode To Joy Part 1 (exercise)	The C Position For The Left Hand (video)	Swan Lake Part 1 (exercise)
	Ode To Joy Part 2 (exercise)	Practice The C Position (exercise)	Swan Lake Part 2 (exercise)
	Ode To Joy Part 3 (exercise)	Aura Lee Part 1 (exercise)	Swan Lake Part 1&2 (exercise)
	Ode To Joy Part 4 (exercise)	Aura Lee Part 2 (exercise)	Swan Lake Part 3&4 (exercise)
	Ode To Joy All Parts (exercise)	Aura Lee All Parts (exercise)	Swan Lake All Parts (exercise)
	<b>Course 2: Easy Songs For Right Hand</b>	<b>Course 4: Intro To Reading Sheet Music</b>	The Bass Clef (video)
	When The Saints... Part 1 (exercise)	Patterns Of The White Keys (video)	The "F-Dots" (video)
	When The Saints... Part 2 (exercise)	Names Of The Keys (video)	Count Up To The Notes (video)
	When The Saints... Part 3 (exercise)	Getting To Know The Keys (exercise)	Mexican Hat Dance Part 1
	When The Saints... Part 4 (exercise)	The Treble Clef (video)	Mexican Hat Dance Part 2
	When The Saints... All Parts (exercise)	Finger Number System (video)	Mexican Hat Dance All Parts

	<b>Course 5: Intro To Playing With Both Hands</b>	Ode To Joy Part 4 (exercise)	Rock Ballad All Parts (exercise)
	Chapter 1: Introductory Exercises	Ode To Joy All Parts (exercise)	<b>Course 8: Intro To Chord Accompaniment</b>
	Preparation (video)	When The Saints... Part 1 (exercise)	Introduction (video)
	C Position Synchronized (exercise)	When The Saints... Part 2 (exercise)	Pop Chord Progression Part 1 (exercise)
	C Position Reflected (exercise)	When The Saints... Part 3 (exercise)	Pop Chord Progression Part 2 (exercise)
	Chapter 2: Coordination and Hand Independence	When The Saints... Part 4 (exercise)	Pop Chord Progression Final Chords (exercise)
	Finger Coordination (exercise)	When The Saints... All Parts (exercise)	Pop Chord Progression Pt. 3&4 (exercise)
	Hand Independence Exercise	<b>Course 7: FM, GM, and Am Chords</b>	Popular Chord Progression All Parts (exercise)
	Chapter 3: Ode To Joy, 2 Handed Version	Introduction (video)	<b>Course 9: Improving Your Technique I</b>
	Introduction (video)	The A Minor Chord (video)	Mastering Key Jumps
	Ode To Joy Part 1 (exercise)	Practice The A Minor Chord (exercise)	Introduction (video)
	Ode To Joy Part 2 (exercise)	The F Major Chord (video)	Rolling Wrist (video)
	Ode To Joy Part 3 (exercise)	The F Major Chord (exercise)	Stretch Out Finger - Right (exercise)
	Ode To Joy All Parts (exercise)	The G Major Chord (video)	Stretch Out Finger - Left (exercise)
	<b>Course 6: The C Major Chord</b>	The G Major Chord (exercise)	Film Ballad Part 1 (exercise)
	Introduction (video)	Chord Progression C-Am-F-G (exercise)	Finger Stretching Advanced Exercise (exercise)
	C Major Chord (video)	Rock Ballad Part 1 (exercise)	Playing The Black Keys (video)
	Practice The C Major Chord (exercise)	Rock Ballad Parts 1&2 (exercise)	Film Ballad Part 2 (exercise)
	Ode To Joy Chord Version Intro (video)	Rock Ballad Parts 1-3 (exercise)	Parts 1&2 (exercise)
	Ode To Joy Part 1 (exercise)	Rock Ballad Part 4 (exercise)	Musical Melody Part 1 (exercise)
	Ode To Joy Part 2 (exercise)	Rock Ballad Part 5 (exercise)	Musical Melody Parts 1&2 (exercise)
	Ode To Joy Part 3 (exercise)	Rock Ballad Parts 4&5 (exercise)	Musical Melody Parts 3&4 (exercise)

	Musical Melody All Parts (exercise)	Crossing Over - Left Ring Finger (exercise)	Course Conclusion Part 2 (exercise)
	<b>Course 10: Improving Your Technique II</b>	Playing Technique For Crossing Under (video)	Course Conclusion Part 1&2 (exercise)
	Playing Technique For Crossing Over (video)	Crossing Under - Right Middle Finger (exercise)	Course Conclusion Part 3 (exercise)
	Crossing Over - Right Index Finger (exercise)	Crossing Under - Left Middle Finger (exercise)	Course Conclusion Part 4 (exercise)
	Crossing Over - Right Middle Finger (exercise)	Alternating Fingering - Right (exercise)	Course Conclusion Part 3&4 (exercise)
	Crossing Over - Right Ring Finger (exercise)	Alternating Fingering - Left (exercise)	Course Conclusion Bars 1-16 (exercise)
	Crossing Over - Left Middle Finger (exercise)	Course Conclusion Part 1 (exercise)	Course Conclusion Bars 1-16 In Tempo (exercise)

### Practice Tips:

- Make a regular habit of getting to the piano each day.
- 5-10 minutes of practice each day is better than 1 hour once a week.
- Take your time and repeat exercises as needed until you feel confident.
- Slow practice is key! Every musician starts out working through music slowly. Don't expect to play at full speed from the beginning.
- Enjoy the process. Playing music isn't only about the final product of mastering a piece of music. It is also about the journey it took to get there.
- Think about your piano studies even when you are away from the piano. If you don't have access to a piano, it is still valuable to "air play" your music by tapping your fingers on a table or other surface. This will help you process and coordinate without having to worry about all of the details of playing the piano.
- Set goals for yourself. Write them down and frequently remind yourself of what motivated you to learn the piano.